



## Sunless Tanning Preparation

Prepping your skin can make the difference between a beautiful tan that lasts 7-10 days and a streaky mess! Before we apply your gorgeous tan, we will prep your skin with our unique PH Balancing Spray, and prevent discolored palms and feet with our Barrier Cream and Footsie Pads. Wear **loose clothing** to your appointment to put on after you receive your beautiful tan so it doesn't rub off. You can help ensure a long-lasting tan by doing the following prior to your appointment:

### EXFOLIATE

Exfoliate with a gentle spa-grade exfoliator which does not irritate the skin. Avoid sugar scrubs with an oily residue, which will sit on the surface of the skin, making it difficult for the tanner to absorb evenly. Also avoid salt scrubs which irritate the skin, causing uneven tanning. We recommend **Sjolie Exfoliating Body Scrub** (we have available for purchase).

### SHOWER

Take a shower with warm water -- not too cold, not too hot -- at least 4 hours prior to tanning. Use a plain, non-drying soap (rather than moisturizing body wash) which does not contain mineral oil (prevents even tanner absorption). We recommend **Sjolie Body Wash** (we have available for purchase).

### DEODORANT/ANTIPERSPIRANT

Do not wear ANY deodorant or antiperspirant, not even the crystal deodorant. It will turn colors!

### SHAVE

If you need to remove unwanted hair, shave prior to tanning to ensure you don't strip sections of your tan away by shaving after.

### MOISTURIZATION

To prevent uneven tanning, don't apply moisturizing lotion the day of tanning. We will provide you with barrier cream for rougher areas.

### WAXING

Wait at least 24 hours after waxing to spray tan, and shower with warm water (see above) to remove residues which may be a barrier to spray tan.